

For some of children study will be very easy and they will be able to recall everything they have learnt quickly, however it never hurts to put in the extra bit of effort. They will need to experiment with the best way for them to learn and commit information to memory.

For a visual learner – Your child may find that they will remember best if they make colourful posters to plaster around your home, their bedroom wall or ceiling, the wall/window opposite where they sit to eat dinner, the toilet door, etc. If this is their favoured method, ensure they use key words and keep their notes short and to the point. Remind them to include all formulae they need to remember, any quotes, themes, authors' perspectives, camera angles, societal links, etc and link them together in a way that will make them easier to recall. (e.g.: poster about film, poster about poem, novel, etc.)

Verbal/Aural Learner – Your child may find it easier to record their notes and listen to them repeatedly, then practise jotting them down afterwards to ensure they can recall their notes and put them onto paper as required in an exam. As above, remind them to keep their notes brief and easier to remember, group their notes together so that they remember them in the same way. This will ensure they don't miss anything out in their exam.

Physical/kinesthetic learners – Your child may find it easier to turn their notes into a medium they can play with or manipulate, for example flash cards, memory games where they match the formulae to the kind of question it relates to or the quote to the film, etc. They might like to turn their notes into puzzles that can be put together piece by piece physically and then once together they disassemble and jot those notes onto paper as they would in an exam. They may find that colour coding their notes makes it easier to recall information as they remember them by colour.

Find the method that works for your child and then embrace it. Encourage them to have faith in themselves and all the hard work they are doing to achieve well in their exams. Remind them you are here for them and happy to help them study if they would like. You are their own personal cheering squad and you are excited for them to be meeting this challenge.

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